



Devotional #4

"Praise the Lord, My Soul"

READ Psalm 103: 1-5; 8-12

"Praise the Lord, O my soul; all my inmost being, praise His holy name. Praise the Lord, O my soul, and forget not all His benefits – who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's...The Lord is compassionate and gracious, slow to anger, abounding in love. He will not always accuse nor will He harbor His anger forever; He does not treat us as our sins deserve or repay us according to our iniquities. For as high as the heavens are above the earth, so great is His love for those who fear Him; as far as the east is from the west, so far has He removed our transgressions from us."

READ Psalm 42:5

"Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise Him, my Savior and my God."

Do you ever feel like you just don't want to be happy or you just feel sad? This song helps remind us to remember how many amazing things God has done for us and to always praise His name! Sometimes we get discouraged and we have a hard time remembering that God is in control of in our lives. We should stop and remember to put our HOPE in God, even when we are discouraged. Even the psalmist had to remind himself to do this. Psalm 103 reminds us of a lot of great things about our God that we have faith in. He forgives us, He is compassionate, He redeems our lives, He loves us, He satisfies our desires and so much more. What a great God we serve. He is worthy to be praised. PRAISE THE LORD, O MY SOUL, AND FORGET NOT ALL HIS BENEFITS!!!!

PRAY

Lord, help me to remember who You are to me. You are a good God who loves us and forgives us and so much more. Thank You for always loving me.

In Jesus' Name, Amen.

PRAISE THE LORD, O MY SOUL

(Choir)

Praise the Lord, my soul.
Praise the Lord, my soul.

All my inmost being, praise His holy Name.

And forget not all His benefits.
And forget not all His benefits.

And forget not all His benefits.
And forget not all His benefits.

2 Bars

(Spoken)

We praise Him!

1 Bar

We praise Him!

1 Bar

We praise Him!

1 Bar

(Samuel, Anthony, Hunter L., Jack, Diego, Hunter S., Noah)
Who forgives all your sins and heals all your diseases,

Who redeems your life from the pit
and crowns you with love and compassion,

Who satisfies your desires with good things
so that your youth is renewed like the eagle's.

(Choir)

Praise the Lord, my soul.

1 Bar

Praise the Lord, my soul.

1 Bar

All my inmost being, praise His holy Name.

And forget not all His benefits.
And forget not all His benefits.

And forget not all His benefits.
And forget not all His benefits.

4 Bars

(Rap Solo)

The Lord is compassionate and gracious,
slow to anger, abounding in love.

He will not always accuse,
nor will He harbor His anger forever.

He does not treat us as our sins deserve
or repay us according to our 'niquities.

For as high as the heavens are above the earth,
so great is His love for those who fear Him.

(Rapper Crew)

As far as the east is from the west,
as far as the east is from the west,
as far as the east is from the west,

(Rap Solo)

so far has He removed our sin from us.

(Choir)

Praise the Lord, my soul.

1 Bar

Praise the Lord, my soul.

1 Bar

All my inmost being, praise His holy Name.

(Spoken)

We praise Him!

1 Bar

We praise Him!

1 Bar

We praise Him!

1 Bar

We praise Him!

Words and Music by Christy Semsen; arr. by Daniel Semsen
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WHY TO MEMORIZE?

1. One of the most important reasons is that God uses scripture to speak to us. If we memorize them, then we can quickly bring them to our mind when we need them and He wants to say something to us.
2. Another good reason is to know what to do and what not to do.
3. Memorizing scripture also helps us tell others about Christ when we don't have our Bible with us.

HOW TO MEMORIZE?

1. You can write the verse over and over again and read it back to yourself.
2. Every time you see that card in your room, then read it out loud.
3. Put some of the words of the verse on our bathroom mirror and fill in the blanks and take words away as you begin to memorize until there are no words on your mirror.
4. A fun way is to make up a song like Ms. Christy Semsen has done in STAR QUEST. Memorize your musical songs and you have memorized scripture!!!

VERSES TO MEMORIZE

THIS WEEK

Psalm 46:1-3 (EVERYONE)

"God is my refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and mountains quake."

Psalm 28:7 (3rd, 4th, 5th Grade ONLY)

"The Lord is my strength and my shield; my heart trust in Him, and He helps me. My heart leaps for joy, and with my song I praise Him."

PAST WEEKS

Proverbs 4:23 (3rd, 4th, 5th Grade ONLY)

"Above all else, guard your heart, for everything you do flows from it."

Philippians 4:8 (EVERYONE)

"Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable-if anything is excellent or praiseworthy-think about such thing."

1 John 3: 17-18 (3rd, 4th, 5th ONLY)

"If anyone has material possessions and sees a brother in need but has no pity on them, how can the love of God be in that person? Dear children, let us not love with words or speech but with actions and in truth."

John 3:16 (EVERYONE)

"For God so loved the world that He gave His only Son, that whoever believes in Him, should not perish but have eternal life."

Psalm 119:11 (EVERYONE)

"I have hidden thy word in my heart that I may not sin against thee."

CUT these phrases out in strips and place in order then mix up and place in order again to help you memorize this verse.

God is our refuge and strength,
an ever-present help in trouble.

Therefore we will not fear,

though the earth give way

and the mountains fall

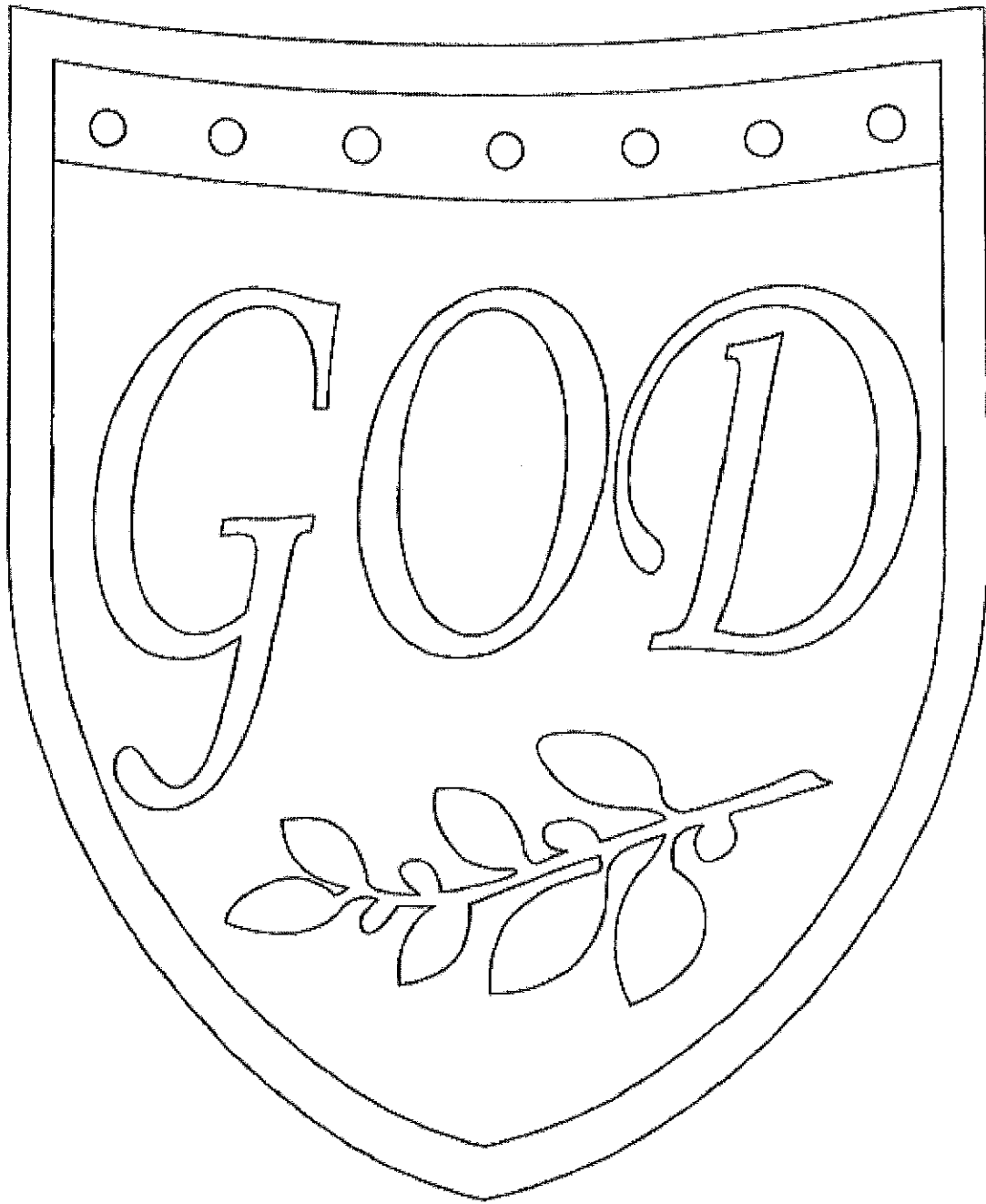
into the heart of the sea,

though its waters roar and foam

and the mountains quake

with their surging. Psalm 46:1-3

Psalm 28:7



GOD *is my shield*

Lessons For the Week

What has God taught you this week?

Have you memorized your scripture this week and how has it helped you?

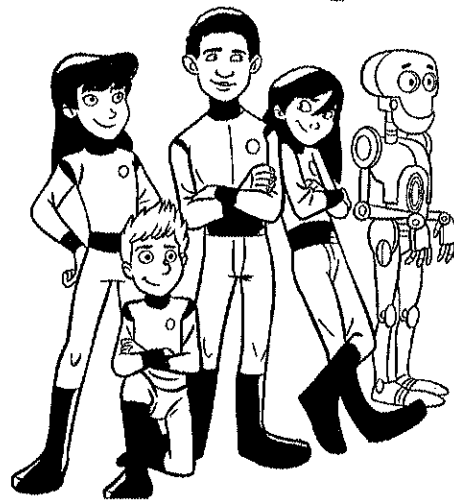
What have you done this week to show God you are becoming more like Christ?

Your prayer for the week:

When you have completed the "Praise the Lord, O My Soul" devotional, have your parents sign this page, tear it out and return it to your WoW teacher.

STAR QUEST

**Search for the
Stolen Scriptures**



My Child

Color _____

has completed the devotional for:

"Praise the Lord, O My Soul"

Date Completed

Parent Signature